

POGP (formerly ACPWH) Booklets supplied by Ralph Allen Press - Price List & Order Form

Title (sold in multiples of 10)		Price per 10 booklets	Quantity	Cost
Fit & Safe (Mothers)	Revised 2013	£2.40		
Pregnancy-Related Pelvic Girdle Pain (Mothers)	Revised 2014	£2.20		
Pregnancy-Related Pelvic Girdle Pain (Physiotherapists)	Revised 2011	£3.60		
Fit For Pregnancy	Revised 2013	£1.20		
Fit for Birth	Revised 2013	£1.10		
Fit for the Future	Revised 2013	£1.60		
Exercise & Advice after the Loss of your Baby	Revised 2011	£2.50		
Pilates in Women's Health	Revised 2011	£2.50		
Pelvic Floor Muscle Exercises (for Women)	Revised 2012	£1.20		
Pelvic Floor Muscle Exercises (for Men)	Revised 2012	£1.60		
Promoting Continence with Physiotherapy	Revised 2014	£1.20		
The Role of the Women's Health Physiotherapist	£3.00		
Mitchell Method of Simple Relaxation	Revised 2011	£1.20		
Fit Following Surgery (formerly Fit for Life)	Revised 2013	£2.20		
Introductory Pack (1 each of the above booklets - price includes delivery)	** New ** Price per pack	£7.00		
Aquanatal Guidelines (sold singly - price includes delivery)	Revised 2013 Price per booklet	£3.90		
Totals:				

For Mainland UK Only:

Add delivery charge as follows:

Aquanatal Guidelines/Introductory Pack	No additional charge		
Total of 10 booklets	£4.00		
Total of 20 booklets	£5.00		
Total of 30 booklets	£6.00		
Total of 40 booklets	£7.00		
Total of 50 or more booklets	£8.50		
Total to Pay (£ Sterling):			

For Offshore U.K. (inc Northern Ireland) & the Irish Republic:

Please phone Ralph Allen Press for delivery charge. Tel: 0044 (0)1225 461888

PLEASE COMPLETE DETAILS BELOW

Invoice address:		Delivery address:	
Post Code:		Post Code:	
Contact Name:		Telephone No.	Order No. (if used)

Please see POGP website for further information: <http://pogp.csp.org.uk>

Payment: Please make cheques payable to Ralph Allen Press Ltd or for debit/credit card payment, please phone your order on 01225 461888 (Monday to Friday 9 a.m. to 5 p.m.)
 Please note your entire order is VAT zero rated. Prices effective from 1st March 2010
Hospital Trusts Only: if an official order is supplied, no advance payment is necessary for orders over 50 booklets.
 Please post your completed order with payment to:
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